

## **MMH Health Fair Scheduled for Saturday, February 25**

It's time for the MMH Annual Health Fair and Early Blood Draws! The Health Fair will be Saturday, February 25, from 6:30 a.m. to 12:00 noon at the Montrose Pavilion. The Early Blood Draws, which are held in conjunction with the Health Fair, will be February 1-4 from 6:30 to 9:30 a.m. at the Montrose Pavilion Senior Center. We will also have Early Blood Draws on January 30 at the American Legion Hall in Olathe, from 6:30 to 9:30 a.m. and on January 28 in Ridgway, at the 4-H Events Center from 7:00am - 11:00am.

Again this year, we encourage you to make your appointments on line for the Montrose blood draws. Beginning January 15 (and no sooner) go to [www.MontroseHospital.com](http://www.MontroseHospital.com), click on the red blood drop and follow the directions from there. If you are uncomfortable making your appointment on line, you may call 252-2535 January 17, 18, or 19 and talk to our wonderful volunteers and they will make an appointment for you. The phone lines for appointments will be open from 8:00 a.m. to 1:00 p.m. all three days. You do NOT need to make an appointment for Ridgway or Olathe.

The same blood tests will be offered this year-again with no price increase! The total chemistry profile evaluates kidney function, electrolytes, triglycerides, HDL and LDL cholesterol levels and over 15 components in the blood. The profile also includes iron, iron binding and TSH (Thyroid Screening). The cost of this test is \$40. The PSA blood test for prostate cancer will also be offered for men 40 and older, at a cost of \$30 and the CBC (complete blood count) blood test, is \$20 and the Hemoglobin A1c, which is an additional screening for diabetes, will cost \$35.00. We also offer the Vitamin D screening for \$40.00.

The advantages of doing the Early Blood Draw are twofold. First, we take appointments and are able to spread out the number of people who attend during a specific time period. Another advantage of the Early Blood Draws is that your blood test results will be mailed to you within two weeks. New this year – if you give us permission, we will make your blood test results available electronically to your care provider. If you are out of town, or unable to attend the Early Blood Draws, we will have the same blood tests available at the Health Fair, as well many other health screens and informational booths.

Montrose Memorial Hospital and our sponsors; Alpine Bank, Gordon Composites, TEI Rock Drills and The Insurance Center, are pleased to present this community service and we look forward to seeing you at the Blood Draws and the Health Fair!

Leann Tobin, Director of Marketing and Public Relations, MMH 240-7344