

**Montrose Memorial Hospital Upgrades website
to Provide Community Health Education and Information**

How many of you have used the internet to find information about your health? In the latest Pew Internet study, 80% of adult Internet users (113 million) report they have used the Internet to look up health information. The Internet plays a major role in the lives of our patients and the community in general. The staff at MMH has been working hard to improve our health toolbox to make it easier and faster for our community to find the answers they need to help manage the health of their families. At www.montrosehospital.com, we recently added Discovery Hospital, an online health content service, to make the information on our website more in depth and easier to access. Discovery Hospital gives us online health information (consisting of over 7,500 pages of health-related articles and interactive tools) specifically designed to assist you in managing your health more effectively.

The library on Discovery Hospital includes a wealth of information and tools to help patients manage their health. Among the thousands of pages of useful information patients can access, topics include: Disease and Condition Information, Self-Management of Symptoms, Health Risk Assessments, Behavioral Change tools, Drug Reference Database, Parenting Information, Diet and Fitness, Pediatrics and much more. They have great pictures and videos which can be used for teaching and learning. You can get information about your upcoming surgical procedure and even take an anatomy tour and explore different basic systems in the body. When you go to www.montrosehospital.com, just click on the Discovery Hospital button to access the educational information.

In addition to the Discovery Hospital content library, we also added a virtual web nursery. Many parents comment that they would like to be able to send pictures to family and friends immediately following the birth of their child. Now, parents will be able to provide a link to their baby's picture to family and friends throughout the world who might otherwise miss this special occasion.

As always, Montrose Memorial Hospital continues to focus on delivering high-quality care and health information to the region. We believe these health tools will allow us to fulfill our mission in continuing to be a health resource in a new and creative manner.